

Official

Rank	Competitor	Age	Club	RT	PTS	Result	
1	 Milana Tapper	20		0.70		4:07.68 Entry: 4:13.67	-5.99 Q
	25m: 12.78 50m: 27.27 (14.49) 75m: 42.47 (15.20) 100m: 58.14 (15.67) 125m: 1:14.02 (15.88) 150m: 1:30.00 (15.98) 175m: 1:45.57 (15.57) 200m: 2:01.36 (15.79) 225m: 2:17.05 (15.69) 250m: 2:33.23 (16.18) 275m: 2:48.91 (15.68) 300m: 3:04.84 (15.93) 325m: 3:20.49 (15.65) 350m: 3:36.52 (16.03) 375m: 3:52.38 (15.86) 400m: 4:07.68 (15.30)						
2	 Alyssa Tapper	19		0.53		4:10.39 Entry: 4:15.93	-5.54 Q
	25m: 13.69 50m: 28.74 (15.05) 75m: 43.95 (15.21) 100m: 59.67 (15.72) 125m: 1:15.45 (15.78) 150m: 1:31.36 (15.91) 175m: 1:47.44 (16.08) 200m: 2:03.55 (16.11) 225m: 2:19.29 (15.74) 250m: 2:34.90 (15.61) 275m: 2:50.69 (15.79) 300m: 3:06.72 (16.03) 325m: 3:22.62 (15.90) 350m: 3:38.64 (16.02) 375m: 3:54.80 (16.16) 400m: 4:10.39 (15.59)						
3	 Kezia Buissinn	18		0.74		4:19.83 Entry: 4:23.17	-3.34 Q
	25m: 13.78 50m: 29.28 (15.50) 75m: 45.10 (15.82) 100m: 1:01.37 (16.27) 125m: 1:17.62 (16.25) 150m: 1:34.05 (16.43) 175m: 1:50.49 (16.44) 200m: 2:07.07 (16.58) 225m: 2:23.47 (16.40) 250m: 2:39.93 (16.46) 275m: 2:56.38 (16.45) 300m: 3:13.22 (16.84) 325m: 3:29.99 (16.77) 350m: 3:46.79 (16.80) 375m: 4:03.55 (16.76) 400m: 4:19.83 (16.28)						
4	 Emilia Finer	21		0.79		4:20.64 Entry: 4:13.61	+7.03 Q
	25m: 14.29 50m: 30.04 (15.75) 75m: 46.04 (16.00) 100m: 1:02.29 (16.25) 125m: 1:18.41 (16.12) 150m: 1:34.76 (16.35) 175m: 1:51.07 (16.31) 200m: 2:07.78 (16.71) 225m: 2:24.37 (16.59) 250m: 2:41.16 (16.79) 275m: 2:57.84 (16.68) 300m: 3:14.56 (16.72) 325m: 3:31.14 (16.58) 350m: 3:47.85 (16.71) 375m: 4:04.53 (16.68) 400m: 4:20.64 (16.11)						
5	 Holli Macdonal	19		0.67		4:21.90 Entry: 4:21.08	+0.82 Q
	25m: 14.01 50m: 29.02 (15.01) 75m: 44.67 (15.65) 100m: 1:00.55 (15.88) 125m: 1:16.80 (16.25) 150m: 1:32.98 (16.18) 175m: 1:49.50 (16.52) 200m: 2:06.28 (16.78) 225m: 2:23.01 (16.73) 250m: 2:39.97 (16.96) 275m: 2:56.86 (16.89) 300m: 3:13.92 (17.06) 325m: 3:31.24 (17.32) 350m: 3:48.32 (17.08) 375m: 4:05.59 (17.27) 400m: 4:21.90 (16.31)						
6	 Jemma Apps (	19		0.65		4:22.07 Entry: 4:18.72	+3.35 Q
	25m: 14.08 50m: 29.84 (15.76) 75m: 46.12 (16.28) 100m: 1:02.63 (16.51) 125m: 1:19.65 (17.02) 150m: 1:36.30 (16.65) 175m: 1:52.88 (16.58) 200m: 2:09.56 (16.68) 225m: 2:26.21 (16.65)						

250m: 2:42.85 (16.64) 275m: 2:59.52 (16.67) 300m: 3:16.36 (16.84)
325m: 3:33.24 (16.88) 350m: 3:50.03 (16.79) 375m: 4:06.52 (16.49)
400m: 4:22.07 (15.55)

7  Alexis Buissinn 18  0.72 4:22.50 Q
Entry: 4:28.88 -6.38

25m: 13.98 50m: 29.70 (15.72) 75m: 45.77 (16.07)
100m: 1:02.02 (16.25) 125m: 1:18.31 (16.29) 150m: 1:34.84 (16.53)
175m: 1:51.51 (16.67) 200m: 2:08.10 (16.59) 225m: 2:24.80 (16.70)
250m: 2:41.44 (16.64) 275m: 2:58.21 (16.77) 300m: 3:15.15 (16.94)
325m: 3:32.17 (17.02) 350m: 3:49.29 (17.12) 375m: 4:05.90 (16.61)
400m: 4:22.50 (16.60)

8  Isobella Davorc 18  0.69 4:23.07 Q
Entry: 4:23.98 -0.91

25m: 13.91 50m: 29.34 (15.43) 75m: 45.07 (15.73)
100m: 1:01.41 (16.34) 125m: 1:17.81 (16.40) 150m: 1:34.93 (17.12)
175m: 1:51.64 (16.71) 200m: 2:08.41 (16.77) 225m: 2:25.20 (16.79)
250m: 2:41.90 (16.70) 275m: 2:58.80 (16.90) 300m: 3:15.80 (17.00)
325m: 3:32.86 (17.06) 350m: 3:49.88 (17.02) 375m: 4:06.67 (16.79)
400m: 4:23.07 (16.40)

9  Jenna Borea 14  0.60 4:23.21 Q
Entry: 4:29.73 -6.52

25m: 14.35 50m: 29.74 (15.39) 75m: 45.77 (16.03)
100m: 1:02.20 (16.43) 125m: 1:18.84 (16.64) 150m: 1:35.69 (16.85)
175m: 1:52.74 (17.05) 200m: 2:09.63 (16.89) 225m: 2:26.74 (17.11)
250m: 2:43.73 (16.99) 275m: 3:00.78 (17.05) 300m: 3:17.78 (17.00)
325m: 3:34.91 (17.13) 350m: 3:51.53 (16.62) 375m: 4:07.88 (16.35)
400m: 4:23.21 (15.33)

10  Lua Wilson (V) 15 0.52 4:24.62 Q
Entry: 4:26.58 -1.96

25m: 14.47 50m: 30.55 (16.08) 75m: 47.02 (16.47)
100m: 1:03.73 (16.71) 125m: 1:20.70 (16.97) 150m: 1:37.70 (17.00)
175m: 1:54.49 (16.79) 200m: 2:11.24 (16.75) 225m: 2:27.73 (16.49)
250m: 2:44.33 (16.60) 275m: 3:00.94 (16.61) 300m: 3:17.61 (16.67)
325m: 3:34.32 (16.71) 350m: 3:51.16 (16.84) 375m: 4:08.01 (16.85)
400m: 4:24.62 (16.61)

11  Annalise Miller 14  0.72 4:24.93 Q
Entry: 4:24.67 +0.26

25m: 14.41 50m: 30.55 (16.14) 75m: 46.65 (16.10)
100m: 1:03.02 (16.37) 125m: 1:19.50 (16.48) 150m: 1:36.37 (16.87)
175m: 1:53.17 (16.80) 200m: 2:10.21 (17.04) 225m: 2:27.14 (16.93)
250m: 2:44.22 (17.08) 275m: 3:01.31 (17.09) 300m: 3:18.59 (17.28)
325m: 3:35.49 (16.90) 350m: 3:52.62 (17.13) 375m: 4:08.97 (16.35)
400m: 4:24.93 (15.96)

12  Hope Wang 15  0.71 4:26.30 Q
Entry: 4:23.35 +2.95

25m: 14.16 50m: 30.03 (15.87) 75m: 46.30 (16.27)
100m: 1:02.92 (16.62) 125m: 1:19.72 (16.80) 150m: 1:36.60 (16.88)
175m: 1:53.40 (16.80) 200m: 2:10.42 (17.02) 225m: 2:27.34 (16.92)
250m: 2:44.37 (17.03) 275m: 3:01.33 (16.96) 300m: 3:18.41 (17.08)
325m: 3:35.44 (17.03) 350m: 3:52.75 (17.31) 375m: 4:09.90 (17.15)
400m: 4:26.30 (16.40)

13  Emma McMahon 16 0.64 4:26.68
Entry: 4:21.98 +4.70

25m: 13.44 50m: 28.59 (15.15) 75m: 44.43 (15.84)
100m: 1:00.75 (16.32) 125m: 1:17.38 (16.63) 150m: 1:34.15 (16.77)
175m: 1:51.12 (16.97) 200m: 2:08.32 (17.20) 225m: 2:25.49 (17.17)
250m: 2:42.78 (17.29) 275m: 3:00.06 (17.28) 300m: 3:17.27 (17.21)
325m: 3:34.59 (17.32) 350m: 3:52.01 (17.42) 375m: 4:09.69 (17.68)
400m: 4:26.68 (16.99)

14  Nicola Lovell

17 

0.58

4:27.47
Entry: 4:25.08 +2.39

Q

25m: 14.27 50m: 30.10 (15.83) 75m: 46.33 (16.23)
100m: 1:02.74 (16.41) 125m: 1:19.48 (16.74) 150m: 1:36.47 (16.99)
175m: 1:53.58 (17.11) 200m: 2:11.07 (17.49) 225m: 2:28.25 (17.18)
250m: 2:45.76 (17.51) 275m: 3:03.27 (17.51) 300m: 3:20.71 (17.44)
325m: 3:37.82 (17.11) 350m: 3:54.88 (17.06) 375m: 4:11.50 (16.62)
400m: 4:27.47 (15.97)

15  Macy Hains

18 

0.71

4:28.84
Entry: 4:30.21 -1.37

Q

25m: 14.06 50m: 29.99 (15.93) 75m: 46.18 (16.19)
100m: 1:02.53 (16.35) 125m: 1:19.27 (16.74) 150m: 1:35.99 (16.72)
175m: 1:52.76 (16.77) 200m: 2:09.72 (16.96) 225m: 2:26.69 (16.97)
250m: 2:43.98 (17.29) 275m: 3:01.51 (17.53) 300m: 3:19.03 (17.52)
325m: 3:37.04 (18.01) 350m: 3:54.84 (17.80) 375m: 4:12.48 (17.64)
400m: 4:28.84 (16.36)

16  Sadie Percy

16 

4:29.13
Entry: 4:29.94 -0.81

Q

25m: 14.33 50m: 30.15 (15.82) 75m: 46.42 (16.27)
100m: 1:03.27 (16.85) 125m: 1:20.09 (16.82) 150m: 1:37.40 (17.31)
175m: 1:54.49 (17.09) 200m: 2:11.80 (17.31) 225m: 2:29.17 (17.37)
250m: 2:46.49 (17.32) 275m: 3:03.83 (17.34) 300m: 3:21.36 (17.53)
325m: 3:38.66 (17.30) 350m: 3:55.88 (17.22) 375m: 4:12.86 (16.98)
400m: 4:29.13 (16.27)

17  Tegen Stewart

17 

0.73

4:29.32
Entry: 4:31.70 -2.38

Q

25m: 14.36 50m: 30.24 (15.88) 75m: 46.54 (16.30)
100m: 1:03.17 (16.63) 125m: 1:19.90 (16.73) 150m: 1:36.91 (17.01)
175m: 1:53.94 (17.03) 200m: 2:11.27 (17.33) 225m: 2:28.32 (17.05)
250m: 2:45.67 (17.35) 275m: 3:03.02 (17.35) 300m: 3:20.60 (17.58)
325m: 3:37.96 (17.36) 350m: 3:55.48 (17.52) 375m: 4:12.70 (17.22)
400m: 4:29.32 (16.62)

18  Luisa Palmer

16 

0.70

4:29.99
Entry: 4:32.24 -2.25

Q

25m: 14.10 50m: 30.78 (16.68) 75m: 47.82 (17.04)
100m: 1:05.28 (17.46) 125m: 1:22.53 (17.25) 150m: 1:39.91 (17.38)
175m: 1:57.08 (17.17) 200m: 2:14.58 (17.50) 225m: 2:31.47 (16.89)
250m: 2:48.73 (17.26) 275m: 3:05.74 (17.01) 300m: 3:23.21 (17.47)
325m: 3:40.16 (16.95) 350m: 3:57.37 (17.21) 375m: 4:13.90 (16.53)
400m: 4:29.99 (16.09)

19  Tandia Fisher

16 

0.59

4:30.02
Entry: 4:24.12 +5.90

Q

25m: 14.44 50m: 30.57 (16.13) 75m: 47.22 (16.65)
100m: 1:04.56 (17.34) 125m: 1:21.79 (17.23) 150m: 1:38.88 (17.09)
175m: 1:56.24 (17.36) 200m: 2:13.96 (17.72) 225m: 2:31.40 (17.44)
250m: 2:48.64 (17.24) 275m: 3:05.98 (17.34) 300m: 3:23.37 (17.39)
325m: 3:40.40 (17.03) 350m: 3:57.51 (17.11) 375m: 4:14.36 (16.85)

400m: 4:30.02 (15.66)

20  Indy Leeds

15 

4:30.20
Entry: 4:27.96 +2.24

Q

25m: 14.49 50m: 30.61 (16.12) 75m: 47.24 (16.63)
100m: 1:04.19 (16.95) 125m: 1:21.25 (17.06) 150m: 1:38.43 (17.18)
175m: 1:55.63 (17.20) 200m: 2:12.97 (17.34) 225m: 2:30.17 (17.20)
250m: 2:47.43 (17.26) 275m: 3:04.55 (17.12) 300m: 3:21.96 (17.41)
325m: 3:39.38 (17.42) 350m: 3:56.75 (17.37) 375m: 4:13.83 (17.08)
400m: 4:30.20 (16.37)

21  Alex McIntosh

17 

0.65

4:30.23
Entry: 4:25.48 +4.75

Q

25m: 13.83 50m: 29.33 (15.50) 75m: 45.46 (16.13)
100m: 1:01.87 (16.41) 125m: 1:18.73 (16.86) 150m: 1:35.87 (17.14)
175m: 1:52.95 (17.08) 200m: 2:10.54 (17.59) 225m: 2:27.82 (17.28)
250m: 2:45.34 (17.52) 275m: 3:03.22 (17.88) 300m: 3:20.94 (17.72)
325m: 3:38.50 (17.56) 350m: 3:56.09 (17.59) 375m: 4:13.42 (17.33)
400m: 4:30.23 (16.81)

22  Molly Carroll

14 

0.80

4:33.08
Entry: 4:39.52 -6.44

Q

25m: 14.71 50m: 31.09 (16.38) 75m: 47.64 (16.55)
100m: 1:05.02 (17.38) 125m: 1:22.28 (17.26) 150m: 1:39.89 (17.61)
175m: 1:57.50 (17.61) 200m: 2:15.15 (17.65) 225m: 2:32.63 (17.48)
250m: 2:50.25 (17.62) 275m: 3:07.66 (17.41) 300m: 3:25.24 (17.58)
325m: 3:42.55 (17.31) 350m: 3:59.99 (17.44) 375m: 4:16.67 (16.68)
400m: 4:33.08 (16.41)

23  Maeve McDoni

16 

0.60

4:33.30
Entry: 4:30.34 +2.96

Q

25m: 15.15 50m: 31.64 (16.49) 75m: 48.53 (16.89)
100m: 1:05.63 (17.10) 125m: 1:22.83 (17.20) 150m: 1:39.97 (17.14)
175m: 1:57.27 (17.30) 200m: 2:14.58 (17.31) 225m: 2:31.90 (17.32)
250m: 2:49.38 (17.48) 275m: 3:06.79 (17.41) 300m: 3:24.51 (17.72)
325m: 3:41.73 (17.22) 350m: 3:59.37 (17.64) 375m: 4:16.77 (17.40)
400m: 4:33.30 (16.53)

24  Leah Yang

17 

0.73

4:33.90
Entry: 4:29.81 +4.09

Q

25m: 14.54 50m: 31.28 (16.74) 75m: 48.07 (16.79)
100m: 1:05.55 (17.48) 125m: 1:22.81 (17.26) 150m: 1:40.99 (18.18)
175m: 1:58.47 (17.48) 200m: 2:16.18 (17.71) 225m: 2:33.60 (17.42)
250m: 2:51.19 (17.59) 275m: 3:08.42 (17.23) 300m: 3:26.07 (17.65)
325m: 3:42.69 (16.62) 350m: 3:59.96 (17.27) 375m: 4:17.03 (17.07)
400m: 4:33.90 (16.87)

25  Henrietta Humi

14 

0.77

4:34.13
Entry: 4:37.50 -3.37

Q

25m: 14.68 50m: 30.87 (16.19) 75m: 47.35 (16.48)
100m: 1:04.05 (16.70) 125m: 1:20.96 (16.91) 150m: 1:38.28 (17.32)
175m: 1:55.59 (17.31) 200m: 2:13.19 (17.60) 225m: 2:30.57 (17.38)
250m: 2:48.29 (17.72) 275m: 3:06.25 (17.96) 300m: 3:24.18 (17.93)
325m: 3:42.03 (17.85) 350m: 3:59.82 (17.79) 375m: 4:17.33 (17.51)
400m: 4:34.13 (16.80)

26  Harriet McHard

13 

0.74

4:34.55
Entry: 4:37.57 -3.02

Q

25m: 14.69 50m: 31.13 (16.44) 75m: 48.08 (16.95)

100m: 1:05.44 (17.36) 125m: 1:22.70 (17.26) 150m: 1:40.50 (17.80)
175m: 1:58.08 (17.58) 200m: 2:15.72 (17.64) 225m: 2:33.24 (17.52)
250m: 2:51.01 (17.77) 275m: 3:08.32 (17.31) 300m: 3:26.02 (17.70)
325m: 3:43.58 (17.56) 350m: 4:01.56 (17.98) 375m: 4:18.58 (17.02)
400m: 4:34.55 (15.97)

27  Violet Carter

16 

0.70

4:34.94
Entry: 4:41.16 **-6.22**

Q

25m: 14.36 50m: 31.08 (16.72) 75m: 47.79 (16.71)
100m: 1:05.13 (17.34) 125m: 1:22.41 (17.28) 150m: 1:39.88 (17.47)
175m: 1:57.25 (17.37) 200m: 2:14.81 (17.56) 225m: 2:32.36 (17.55)
250m: 2:49.85 (17.49) 275m: 3:07.40 (17.55) 300m: 3:25.31 (17.91)
325m: 3:43.26 (17.95) 350m: 4:01.05 (17.79) 375m: 4:18.36 (17.31)
400m: 4:34.94 (16.58)

28  Sophia Kivileva

14 

0.43

4:35.42
Entry: 4:32.20 **+3.22**

Q

25m: 14.30 50m: 30.41 (16.11) 75m: 47.03 (16.62)
100m: 1:03.88 (16.85) 125m: 1:21.07 (17.19) 150m: 1:38.77 (17.70)
175m: 1:56.61 (17.84) 200m: 2:14.43 (17.82) 225m: 2:31.98 (17.55)
250m: 2:49.80 (17.82) 275m: 3:07.42 (17.62) 300m: 3:25.30 (17.88)
325m: 3:43.21 (17.91) 350m: 4:01.13 (17.92) 375m: 4:18.66 (17.53)
400m: 4:35.42 (16.76)

29  Macey Barnes

17 

0.69

4:35.86
Entry: 4:31.62 **+4.24**

Q

25m: 13.92 50m: 30.31 (16.39) 75m: 46.80 (16.49)
100m: 1:03.84 (17.04) 125m: 1:20.61 (16.77) 150m: 1:37.81 (17.20)
175m: 1:55.10 (17.29) 200m: 2:12.56 (17.46) 225m: 2:29.92 (17.36)
250m: 2:47.98 (18.06) 275m: 3:05.65 (17.67) 300m: 3:23.90 (18.25)
325m: 3:41.78 (17.88) 350m: 4:00.03 (18.25) 375m: 4:18.01 (17.98)
400m: 4:35.86 (17.85)

30  Poppy Van Ger

16  Ha...

0.78

4:35.93
Entry: 4:32.51 **+3.42**

Q

25m: 14.67 50m: 31.08 (16.41) 75m: 47.90 (16.82)
100m: 1:04.96 (17.06) 125m: 1:22.09 (17.13) 150m: 1:39.27 (17.18)
175m: 1:56.63 (17.36) 200m: 2:14.09 (17.46) 225m: 2:31.65 (17.56)
250m: 2:49.13 (17.48) 275m: 3:06.71 (17.58) 300m: 3:24.53 (17.82)
325m: 3:42.39 (17.86) 350m: 4:00.42 (18.03) 375m: 4:18.57 (18.15)
400m: 4:35.93 (17.36)

31  Grace Henders

19 

0.60

4:36.86
Entry: 4:37.59 **-0.73**

Q

25m: 14.70 50m: 31.13 (16.43) 75m: 47.74 (16.61)
100m: 1:04.93 (17.19) 125m: 1:22.05 (17.12) 150m: 1:39.68 (17.63)
175m: 1:57.20 (17.52) 200m: 2:14.87 (17.67) 225m: 2:32.46 (17.59)
250m: 2:50.42 (17.96) 275m: 3:08.09 (17.67) 300m: 3:26.11 (18.02)
325m: 3:44.09 (17.98) 350m: 4:02.06 (17.97) 375m: 4:19.65 (17.59)
400m: 4:36.86 (17.21)

32  Brooke Humph

16 

0.72

4:36.94
Entry: 4:37.95 **-1.01**

R1

25m: 14.41 50m: 30.43 (16.02) 75m: 47.01 (16.58)
100m: 1:03.73 (16.72) 125m: 1:20.75 (17.02) 150m: 1:38.17 (17.42)
175m: 1:55.70 (17.53) 200m: 2:13.58 (17.88) 225m: 2:31.51 (17.93)
250m: 2:49.56 (18.05) 275m: 3:07.51 (17.95) 300m: 3:25.69 (18.18)
325m: 3:43.73 (18.04) 350m: 4:01.90 (18.17) 375m: 4:19.68 (17.78)
400m: 4:36.94 (17.26)

33  Sarina Tang 15  0.73 4:37.16 R2
Entry: 4:34.77 +2.39

25m: 14.44 50m: 30.63 (16.19) 75m: 47.18 (16.55)
100m: 1:04.22 (17.04) 125m: 1:21.21 (16.99) 150m: 1:38.77 (17.56)
175m: 1:56.32 (17.55) 200m: 2:14.03 (17.71) 225m: 2:31.68 (17.65)
250m: 2:49.74 (18.06) 275m: 3:07.46 (17.72) 300m: 3:25.40 (17.94)
325m: 3:43.31 (17.91) 350m: 4:01.32 (18.01) 375m: 4:19.16 (17.84)
400m: 4:37.16 (18.00)

34  Lily Seber 13  0.59 4:37.41
Entry: 4:38.69 -1.28

25m: 14.57 50m: 31.44 (16.87) 75m: 48.57 (17.13)
100m: 1:06.29 (17.72) 125m: 1:23.84 (17.55) 150m: 1:41.91 (18.07)
175m: 1:59.75 (17.84) 200m: 2:18.02 (18.27) 225m: 2:36.21 (18.19)
250m: 2:54.15 (17.94) 275m: 3:11.88 (17.73) 300m: 3:29.37 (17.49)
325m: 3:46.81 (17.44) 350m: 4:04.11 (17.30) 375m: 4:20.89 (16.78)
400m: 4:37.41 (16.52)

35  Phoebe Nettle 16  0.73 4:37.60
Entry: 4:34.12 +3.48

25m: 14.77 50m: 31.49 (16.72) 75m: 48.35 (16.86)
100m: 1:06.01 (17.66) 125m: 1:23.73 (17.72) 150m: 1:41.27 (17.54)
175m: 1:58.85 (17.58) 200m: 2:16.55 (17.70) 225m: 2:34.21 (17.66)
250m: 2:52.12 (17.91) 275m: 3:10.00 (17.88) 300m: 3:27.91 (17.91)
325m: 3:45.45 (17.54) 350m: 4:03.40 (17.95) 375m: 4:20.78 (17.38)
400m: 4:37.60 (16.82)

36  Elsie Turrell 16  0.56 4:38.36
Entry: 4:35.80 +2.56

25m: 14.56 50m: 30.89 (16.33) 75m: 47.84 (16.95)
100m: 1:05.32 (17.48) 125m: 1:22.87 (17.55) 150m: 1:40.70 (17.83)
175m: 1:58.21 (17.51) 200m: 2:16.23 (18.02) 225m: 2:33.90 (17.67)
250m: 2:52.02 (18.12) 275m: 3:09.99 (17.97) 300m: 3:28.25 (18.26)
325m: 3:46.13 (17.88) 350m: 4:04.51 (18.38) 375m: 4:21.73 (17.22)
400m: 4:38.36 (16.63)

37  Meila Gwiazdзи 17  0.70 4:38.42
Entry: 4:35.85 +2.57

25m: 14.02 50m: 30.41 (16.39) 75m: 47.31 (16.90)
100m: 1:04.39 (17.08) 125m: 1:21.72 (17.33) 150m: 1:39.28 (17.56)
175m: 1:56.88 (17.60) 200m: 2:14.75 (17.87) 225m: 2:32.52 (17.77)
250m: 2:50.43 (17.91) 275m: 3:08.10 (17.67) 300m: 3:26.34 (18.24)
325m: 3:44.33 (17.99) 350m: 4:02.59 (18.26) 375m: 4:20.74 (18.15)
400m: 4:38.42 (17.68)

38  McKenna Hills 13  0.82 4:38.49
Entry: 4:54.50 -16.01

25m: 15.24 50m: 32.59 (17.35) 75m: 50.46 (17.87)
100m: 1:08.41 (17.95) 125m: 1:26.45 (18.04) 150m: 1:44.65 (18.20)
175m: 2:02.79 (18.14) 200m: 2:20.73 (17.94) 225m: 2:37.85 (17.12)
250m: 2:54.91 (17.06) 275m: 3:12.70 (17.79) 300m: 3:30.51 (17.81)
325m: 3:47.96 (17.45) 350m: 4:05.19 (17.23) 375m: 4:22.04 (16.85)
400m: 4:38.49 (16.45)

39  Brooke William 13  0.49 4:38.64
Entry: 4:43.46 -4.82

25m: 13.99 50m: 30.63 (16.64) 75m: 47.69 (17.06)
100m: 1:05.30 (17.61) 125m: 1:22.82 (17.52) 150m: 1:40.78 (17.96)
175m: 1:58.48 (17.70) 200m: 2:16.59 (18.11) 225m: 2:34.15 (17.56)

250m: 2:52.20 (18.05) 275m: 3:10.13 (17.93) 300m: 3:28.30 (18.17)
325m: 3:46.01 (17.71) 350m: 4:04.02 (18.01) 375m: 4:22.01 (17.99)
400m: 4:38.64 (16.63)

39



Eva Elers

14



0.53

4:38.64

Entry: 4:38.63 +0.01

25m: 14.37 50m: 30.47 (16.10) 75m: 46.98 (16.51)
100m: 1:03.86 (16.88) 125m: 1:21.19 (17.33) 150m: 1:38.79 (17.60)
175m: 1:56.68 (17.89) 200m: 2:14.67 (17.99) 225m: 2:32.92 (18.25)
250m: 2:50.92 (18.00) 275m: 3:09.16 (18.24) 300m: 3:27.65 (18.49)
325m: 3:45.78 (18.13) 350m: 4:03.86 (18.08) 375m: 4:21.60 (17.74)
400m: 4:38.64 (17.04)

41



Kathryn Bates

13



0.75

4:38.78

Entry: 4:37.87 +0.91

25m: 15.03 50m: 31.54 (16.51) 75m: 48.58 (17.04)
100m: 1:05.91 (17.33) 125m: 1:23.66 (17.75) 150m: 1:41.40 (17.74)
175m: 1:59.29 (17.89) 200m: 2:17.30 (18.01) 225m: 2:35.26 (17.96)
250m: 2:53.08 (17.82) 275m: 3:11.18 (18.10) 300m: 3:28.93 (17.75)
325m: 3:46.92 (17.99) 350m: 4:04.84 (17.92) 375m: 4:22.40 (17.56)
400m: 4:38.78 (16.38)

42



Gariad Chan

15



0.42

4:39.23

Entry: 4:44.82 -5.59

25m: 14.49 50m: 30.72 (16.23) 75m: 47.41 (16.69)
100m: 1:04.30 (16.89) 125m: 1:21.41 (17.11) 150m: 1:39.06 (17.65)
175m: 1:57.03 (17.97) 200m: 2:14.75 (17.72) 225m: 2:32.36 (17.61)
250m: 2:50.26 (17.90) 275m: 3:08.29 (18.03) 300m: 3:26.41 (18.12)
325m: 3:44.93 (18.52) 350m: 4:03.43 (18.50) 375m: 4:21.88 (18.45)
400m: 4:39.23 (17.35)

43



Milly Lietze

15



0.76

4:40.17

Entry: 4:44.32 -4.15

25m: 14.25 50m: 30.75 (16.50) 75m: 47.70 (16.95)
100m: 1:05.09 (17.39) 125m: 1:22.60 (17.51) 150m: 1:40.53 (17.93)
175m: 1:58.45 (17.92) 200m: 2:16.50 (18.05) 225m: 2:34.50 (18.00)
250m: 2:52.79 (18.29) 275m: 3:11.20 (18.41) 300m: 3:29.38 (18.18)
325m: 3:47.98 (18.60) 350m: 4:05.74 (17.76) 375m: 4:23.15 (17.41)
400m: 4:40.17 (17.02)

44



Renee Dresner

16



0.76

4:40.47

Entry: 4:35.13 +5.34

25m: 14.49 50m: 30.93 (16.44) 75m: 47.84 (16.91)
100m: 1:04.95 (17.11) 125m: 1:22.30 (17.35) 150m: 1:39.97 (17.67)
175m: 1:57.68 (17.71) 200m: 2:15.69 (18.01) 225m: 2:33.65 (17.96)
250m: 2:51.64 (17.99) 275m: 3:09.84 (18.20) 300m: 3:28.07 (18.23)
325m: 3:46.40 (18.33) 350m: 4:04.73 (18.33) 375m: 4:22.83 (18.10)
400m: 4:40.47 (17.64)

45



Phoebe Diamo

14



0.77

4:40.72

Entry: 4:39.85 +0.87

25m: 15.34 50m: 32.01 (16.67) 75m: 48.79 (16.78)
100m: 1:06.20 (17.41) 125m: 1:23.63 (17.43) 150m: 1:41.30 (17.67)
175m: 1:59.01 (17.71) 200m: 2:17.05 (18.04) 225m: 2:34.81 (17.76)
250m: 2:52.89 (18.08) 275m: 3:10.80 (17.91) 300m: 3:28.91 (18.11)
325m: 3:47.32 (18.41) 350m: 4:05.42 (18.10) 375m: 4:23.39 (17.97)
400m: 4:40.72 (17.33)

46



Rio Sasamoto

18



0.67

4:41.13

Entry: 4:35.37 +5.76

25m: 14.89 50m: 31.58 (16.69) 75m: 48.55 (16.97)
100m: 1:06.15 (17.60) 125m: 1:23.96 (17.81) 150m: 1:41.96 (18.00)
175m: 1:59.87 (17.91) 200m: 2:17.71 (17.84) 225m: 2:35.19 (17.48)
250m: 2:53.16 (17.97) 275m: 3:10.93 (17.77) 300m: 3:29.10 (18.17)
325m: 3:47.10 (18.00) 350m: 4:05.51 (18.41) 375m: 4:23.39 (17.88)
400m: 4:41.13 (17.74)

47  Marli Coverdale

14 

0.65

4:42.10
Entry: 4:42.45 -0.35

25m: 14.30 50m: 30.34 (16.04) 75m: 47.43 (17.09)
100m: 1:04.59 (17.16) 125m: 1:22.25 (17.66) 150m: 1:39.88 (17.63)
175m: 1:57.62 (17.74) 200m: 2:15.45 (17.83) 225m: 2:33.48 (18.03)
250m: 2:51.61 (18.13) 275m: 3:10.10 (18.49) 300m: 3:28.77 (18.67)
325m: 3:47.50 (18.73) 350m: 4:06.09 (18.59) 375m: 4:24.62 (18.53)
400m: 4:42.10 (17.48)

48  Evelyn Loh

14 

4:42.37
Entry: 4:40.50 +1.87

25m: 14.97 50m: 32.04 (17.07) 75m: 49.26 (17.22)
100m: 1:06.87 (17.61) 125m: 1:24.58 (17.71) 150m: 1:42.81 (18.23)
175m: 2:00.73 (17.92) 200m: 2:18.75 (18.02) 225m: 2:36.59 (17.84)
250m: 2:54.75 (18.16) 275m: 3:12.86 (18.11) 300m: 3:31.06 (18.20)
325m: 3:48.99 (17.93) 350m: 4:06.88 (17.89) 375m: 4:24.79 (17.91)
400m: 4:42.37 (17.58)

49  Scarlett Wadha

16 

0.73

4:42.91
Entry: 4:46.23 -3.32

25m: 14.99 50m: 31.89 (16.90) 75m: 49.40 (17.51)
100m: 1:07.37 (17.97) 125m: 1:25.66 (18.29) 150m: 1:44.11 (18.45)
175m: 2:02.20 (18.09) 200m: 2:20.07 (17.87) 225m: 2:38.31 (18.24)
250m: 2:56.38 (18.07) 275m: 3:14.31 (17.93) 300m: 3:32.45 (18.14)
325m: 3:50.24 (17.79) 350m: 4:08.41 (18.17) 375m: 4:25.62 (17.21)
400m: 4:42.91 (17.29)

50  Scout Carter

18 

0.61

4:42.92
Entry: 4:35.20 +7.72

25m: 15.15 50m: 31.77 (16.62) 75m: 48.96 (17.19)
100m: 1:06.59 (17.63) 125m: 1:24.33 (17.74) 150m: 1:42.30 (17.97)
175m: 2:00.42 (18.12) 200m: 2:18.59 (18.17) 225m: 2:36.70 (18.11)
250m: 2:54.95 (18.25) 275m: 3:13.18 (18.23) 300m: 3:31.50 (18.32)
325m: 3:49.60 (18.10) 350m: 4:07.54 (17.94) 375m: 4:25.55 (18.01)
400m: 4:42.92 (17.37)

51  Pippa Jory

17 

0.77

4:43.91
Entry: 4:39.56 +4.35

25m: 14.77 50m: 31.28 (16.51) 75m: 48.51 (17.23)
100m: 1:06.03 (17.52) 125m: 1:23.92 (17.89) 150m: 1:42.05 (18.13)
175m: 2:00.30 (18.25) 200m: 2:18.60 (18.30) 225m: 2:36.91 (18.31)
250m: 2:55.02 (18.11) 275m: 3:13.56 (18.54) 300m: 3:31.83 (18.27)
325m: 3:50.09 (18.26) 350m: 4:08.24 (18.15) 375m: 4:26.39 (18.15)
400m: 4:43.91 (17.52)

52  Kelicia Purcell

14 

0.46

4:44.07
Entry: 4:38.93 +5.14

25m: 14.59 50m: 31.25 (16.66) 75m: 48.23 (16.98)
100m: 1:05.64 (17.41) 125m: 1:23.33 (17.69) 150m: 1:41.55 (18.22)
175m: 1:59.91 (18.36) 200m: 2:18.40 (18.49) 225m: 2:36.76 (18.36)
250m: 2:55.37 (18.61) 275m: 3:13.64 (18.27) 300m: 3:32.25 (18.61)
325m: 3:50.84 (18.59) 350m: 4:09.14 (18.30) 375m: 4:26.73 (17.59)

400m: 4:44.07 (17.34)

53



Tayla Cox

16



0.74

4:44.35

Entry: 4:42.86 +1.49

25m: 14.84 50m: 32.30 (17.46) 75m: 49.31 (17.01)
100m: 1:06.86 (17.55) 125m: 1:24.39 (17.53) 150m: 1:42.45 (18.06)
175m: 2:00.54 (18.09) 200m: 2:19.36 (18.82) 225m: 2:37.69 (18.33)
250m: 2:56.20 (18.51) 275m: 3:14.70 (18.50) 300m: 3:33.36 (18.66)
325m: 3:51.92 (18.56) 350m: 4:10.30 (18.38) 375m: 4:27.84 (17.54)
400m: 4:44.35 (16.51)

54



Sophia Swansc

16



0.69

4:44.40

Entry: 4:44.57 -0.17

25m: 15.18 50m: 32.13 (16.95) 75m: 49.69 (17.56)
100m: 1:07.49 (17.80) 125m: 1:25.37 (17.88) 150m: 1:43.50 (18.13)
175m: 2:01.64 (18.14) 200m: 2:20.02 (18.38) 225m: 2:38.32 (18.30)
250m: 2:56.75 (18.43) 275m: 3:14.94 (18.19) 300m: 3:33.26 (18.32)
325m: 3:51.37 (18.11) 350m: 4:09.62 (18.25) 375m: 4:27.47 (17.85)
400m: 4:44.40 (16.93)

55



Margaret Harpe

14



0.76

4:44.68

Entry: 4:40.79 +3.89

25m: 14.88 50m: 31.90 (17.02) 75m: 49.77 (17.87)
100m: 1:07.52 (17.75) 125m: 1:25.44 (17.92) 150m: 1:43.43 (17.99)
175m: 2:01.69 (18.26) 200m: 2:20.09 (18.40) 225m: 2:38.64 (18.55)
250m: 2:56.97 (18.33) 275m: 3:15.25 (18.28) 300m: 3:33.62 (18.37)
325m: 3:51.99 (18.37) 350m: 4:10.12 (18.13) 375m: 4:27.81 (17.69)
400m: 4:44.68 (16.87)

56



Shae Jackson

18



0.60

4:44.78

Entry: 4:28.23 +16.55

25m: 14.65 50m: 30.95 (16.30) 75m: 47.89 (16.94)
100m: 1:05.38 (17.49) 125m: 1:23.21 (17.83) 150m: 1:41.47 (18.26)
175m: 1:59.58 (18.11) 200m: 2:17.79 (18.21) 225m: 2:35.96 (18.17)
250m: 2:54.54 (18.58) 275m: 3:12.93 (18.39) 300m: 3:31.51 (18.58)
325m: 3:50.10 (18.59) 350m: 4:08.65 (18.55) 375m: 4:26.98 (18.33)
400m: 4:44.78 (17.80)

57



Olivia Xu

13



0.72

4:45.26

Entry: 4:39.47 +5.79

25m: 15.15 50m: 32.24 (17.09) 75m: 49.71 (17.47)
100m: 1:07.50 (17.79) 125m: 1:25.30 (17.80) 150m: 1:43.40 (18.10)
175m: 2:01.85 (18.45) 200m: 2:20.07 (18.22) 225m: 2:38.43 (18.36)
250m: 2:56.57 (18.14) 275m: 3:14.85 (18.28) 300m: 3:33.29 (18.44)
325m: 3:52.04 (18.75) 350m: 4:10.28 (18.24) 375m: 4:27.95 (17.67)
400m: 4:45.26 (17.31)

58



Emma Cox

14



0.49

4:45.78

Entry: 4:47.85 -2.07

25m: 14.94 50m: 31.19 (16.25) 75m: 47.78 (16.59)
100m: 1:05.01 (17.23) 125m: 1:22.71 (17.70) 150m: 1:41.03 (18.32)
175m: 1:59.10 (18.07) 200m: 2:17.35 (18.25) 225m: 2:35.84 (18.49)
250m: 2:54.57 (18.73) 275m: 3:12.99 (18.42) 300m: 3:32.02 (19.03)
325m: 3:50.91 (18.89) 350m: 4:09.86 (18.95) 375m: 4:28.38 (18.52)
400m: 4:45.78 (17.40)

59



Jasmine Laban

14



0.67

4:47.04

Entry: 4:50.70 -3.66

25m: 15.35 50m: 33.03 (17.68) 75m: 50.97 (17.94)

100m: 1:09.24 (18.27) 125m: 1:27.26 (18.02) 150m: 1:45.50 (18.24)
175m: 2:04.09 (18.59) 200m: 2:22.58 (18.49) 225m: 2:40.73 (18.15)
250m: 2:59.15 (18.42) 275m: 3:17.47 (18.32) 300m: 3:36.15 (18.68)
325m: 3:54.07 (17.92) 350m: 4:12.39 (18.32) 375m: 4:30.30 (17.91)
400m: 4:47.04 (16.74)

60  Coco Zhu

13 

0.62

4:48.17
Entry: 4:46.74 **+1.43**

25m: 15.69 50m: 32.90 (17.21) 75m: 50.49 (17.59)
100m: 1:08.39 (17.90) 125m: 1:26.66 (18.27) 150m: 1:44.98 (18.32)
175m: 2:03.33 (18.35) 200m: 2:21.73 (18.40) 225m: 2:40.11 (18.38)
250m: 2:59.02 (18.91) 275m: 3:17.66 (18.64) 300m: 3:36.00 (18.34)
325m: 3:54.23 (18.23) 350m: 4:12.70 (18.47) 375m: 4:30.73 (18.03)
400m: 4:48.17 (17.44)

61  Isabel Eddy (V)

14

0.73

4:49.10
Entry: 4:42.76 **+6.34**

25m: 14.11 50m: 30.53 (16.42) 75m: 47.86 (17.33)
100m: 1:05.89 (18.03) 125m: 1:24.18 (18.29) 150m: 1:42.90 (18.72)
175m: 2:01.62 (18.72) 200m: 2:20.76 (19.14) 225m: 2:39.15 (18.39)
250m: 2:57.88 (18.73) 275m: 3:16.37 (18.49) 300m: 3:35.21 (18.84)
325m: 3:53.99 (18.78) 350m: 4:13.35 (19.36) 375m: 4:31.66 (18.31)
400m: 4:49.10 (17.44)

62  Cara Hardwick

15

0.69

4:49.13
Entry: 4:48.29 **+0.84**

25m: 14.23 50m: 30.87 (16.64) 75m: 48.43 (17.56)
100m: 1:06.64 (18.21) 125m: 1:24.84 (18.20) 150m: 1:43.32 (18.48)
175m: 2:01.92 (18.60) 200m: 2:20.62 (18.70) 225m: 2:39.43 (18.81)
250m: 2:58.28 (18.85) 275m: 3:17.08 (18.80) 300m: 3:36.04 (18.96)
325m: 3:54.85 (18.81) 350m: 4:13.59 (18.74) 375m: 4:31.92 (18.33)
400m: 4:49.13 (17.21)

63  Mia Henderson

16 

0.70

4:49.62
Entry: 4:46.63 **+2.99**

25m: 15.76 50m: 33.01 (17.25) 75m: 50.12 (17.11)
100m: 1:07.79 (17.67) 125m: 1:25.54 (17.75) 150m: 1:43.57 (18.03)
175m: 2:01.89 (18.32) 200m: 2:20.29 (18.40) 225m: 2:38.89 (18.60)
250m: 2:57.25 (18.36) 275m: 3:15.95 (18.70) 300m: 3:34.82 (18.87)
325m: 3:53.75 (18.93) 350m: 4:12.80 (19.05) 375m: 4:31.75 (18.95)
400m: 4:49.62 (17.87)

64  Sophie Phelps

14 

0.65

4:51.18
Entry: 4:51.78 **-0.60**

25m: 14.56 50m: 31.86 (17.30) 75m: 49.43 (17.57)
100m: 1:07.96 (18.53) 125m: 1:26.16 (18.20) 150m: 1:44.91 (18.75)
175m: 2:03.83 (18.92) 200m: 2:22.89 (19.06) 225m: 2:41.73 (18.84)
250m: 3:00.86 (19.13) 275m: 3:19.70 (18.84) 300m: 3:38.80 (19.10)
325m: 3:57.71 (18.91) 350m: 4:16.86 (19.15) 375m: 4:34.36 (17.50)
400m: 4:51.18 (16.82)

65  Ashley Lam

14 

0.67

4:51.30
Entry: 4:49.96 **+1.34**

25m: 14.56 50m: 32.04 (17.48) 75m: 49.66 (17.62)
100m: 1:08.12 (18.46) 125m: 1:26.32 (18.20) 150m: 1:45.05 (18.73)
175m: 2:03.56 (18.51) 200m: 2:22.48 (18.92) 225m: 2:41.19 (18.71)
250m: 3:00.02 (18.83) 275m: 3:19.14 (19.12) 300m: 3:37.97 (18.83)
325m: 3:57.29 (19.32) 350m: 4:16.11 (18.82) 375m: 4:34.54 (18.43)
400m: 4:51.30 (16.76)

66  Gemma Hay16  Ha...4:51.69
Entry: 4:43.93 +7.76

25m: 15.36 50m: 32.11 (16.75) 75m: 48.99 (16.88)
100m: 1:06.75 (17.76) 125m: 1:24.48 (17.73) 150m: 1:43.13 (18.65)
175m: 2:01.20 (18.07) 200m: 2:19.97 (18.77) 225m: 2:38.42 (18.45)
250m: 2:57.44 (19.02) 275m: 3:16.14 (18.70) 300m: 3:35.43 (19.29)
325m: 3:54.34 (18.91) 350m: 4:13.91 (19.57) 375m: 4:32.79 (18.88)
400m: 4:51.69 (18.90)

67  Robyn Opperm13 4:52.95
Entry: 4:54.92 -1.97

25m: 14.60 50m: 31.67 (17.07) 75m: 49.65 (17.98)
100m: 1:08.72 (19.07) 125m: 1:27.49 (18.77) 150m: 1:46.49 (19.00)
175m: 2:05.24 (18.75) 200m: 2:24.45 (19.21) 225m: 2:43.30 (18.85)
250m: 3:02.62 (19.32) 275m: 3:21.52 (18.90) 300m: 3:40.94 (19.42)
325m: 3:59.81 (18.87) 350m: 4:18.73 (18.92) 375m: 4:35.66 (16.93)
400m: 4:52.95 (17.29)

68  Keira Watt14 

0.75

4:54.86
Entry: 4:48.67 +6.19

25m: 15.32 50m: 33.04 (17.72) 75m: 51.22 (18.18)
100m: 1:09.52 (18.30) 125m: 1:28.07 (18.55) 150m: 1:46.91 (18.84)
175m: 2:05.51 (18.60) 200m: 2:24.39 (18.88) 225m: 2:43.05 (18.66)
250m: 3:02.07 (19.02) 275m: 3:20.85 (18.78) 300m: 3:39.74 (18.89)
325m: 3:58.68 (18.94) 350m: 4:18.29 (19.61) 375m: 4:37.16 (18.87)
400m: 4:54.86 (17.70)

69  Mia Tauti13 

0.80

4:55.36
Entry: 4:52.97 +2.39

25m: 15.05 50m: 31.93 (16.88) 75m: 49.78 (17.85)
100m: 1:08.00 (18.22) 125m: 1:26.20 (18.20) 150m: 1:44.97 (18.77)
175m: 2:03.97 (19.00) 200m: 2:23.08 (19.11) 225m: 2:41.97 (18.89)
250m: 3:01.31 (19.34) 275m: 3:20.60 (19.29) 300m: 3:40.26 (19.66)
325m: 3:59.70 (19.44) 350m: 4:18.50 (18.80) 375m: 4:37.38 (18.88)
400m: 4:55.36 (17.98)

70  Ashley Calcott18 

0.75

4:56.35
Entry: 4:41.34 +15.01

25m: 15.57 50m: 33.24 (17.67) 75m: 51.20 (17.96)
100m: 1:09.78 (18.58) 125m: 1:28.46 (18.68) 150m: 1:47.40 (18.94)
175m: 2:06.07 (18.67) 200m: 2:25.05 (18.98) 225m: 2:43.88 (18.83)
250m: 3:02.92 (19.04) 275m: 3:21.81 (18.89) 300m: 3:40.87 (19.06)
325m: 3:59.68 (18.81) 350m: 4:18.59 (18.91) 375m: 4:37.64 (19.05)
400m: 4:56.35 (18.71)